

PROFILE

Dr Antoinette J Braks PhD

Master Executive Coach in Vertical Holistic Leadership Development and Systemic Team Dynamics & Leader of Strategic Business Transformation, Conscious Culture Evolution, & Socioeconomic Renewal.



Dr Antoinette Braks is a thought leader and master practitioner in Vertical Development. She is the Founder and CEO of the StageSHIFT Global Coaching Community. Antoinette has partnered with CEOs, government leaders, and Senior Executives to design Strategic Offsites, Leadership Programs, and the Culture Evolution of their organizations to Green/Teal. This has resulted in an extraordinary 30% leap in People Engagement within 6-months, and a 20% rise in Leadership Effectiveness within 2-years.

Antoinette authored and designed the breakthrough StageSHIFT Coaching and Consulting Technology in Strategic Holistic Leadership Development. It enables Senior Executives and Executive Coaches to swiftly upgrade their Inner Operating System to later rare stages of adult maturity and build the Systemic Strategic Scaffolding to transcend complexity and uplift the Leadership Culture of their organization with purposeful, courageous integrity.

She has presented at many global Coaching and Leadership Conferences and authored academic articles to advance Vertical Development. She was awarded the CEO Today Management Consulting Award 2020 in Leadership Coaching.

Antoinette's career history includes global executive roles leading People & Culture Strategy for Latin America & Africa with SHELL, Leadership Capital Solutions Asia Pacific with KORN FERRY, and as EGM People and Culture with VECTOR, New Zealand's innovative energy infrastructure company.

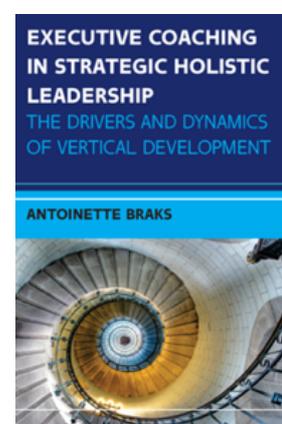
After graduating with Honours in Law and a BA in Political Science, Antoinette completed a Graduate Diploma in International Marketing (Hons) and an MBA at London Business School. She went on to win two University Prizes while undertaking an MA in Management Research and accomplished her PhD in Vertical Leadership Development Psychology and Transformative Coaching at Macquarie Business School. She has since qualified in Advanced Coaching Supervision at Oxford Brookes University.

While largely based in Sydney, Antoinette has travelled extensively with her work. In recent years she experienced living in five different European countries while hosting over 350 Group Coaching Webinars with Executive Coaches from all around the world. She has returned home to New Zealand to help leaders and their organizations become more aspirational, purposeful, visionary, and conscious evolutionary contributors to society, and play a role in shaping national socioeconomic renewal.

Antoinette has been privileged to parent three amazing children now based in Sydney and London. She enjoys cycling and reading, the tranquillity of the rural countryside, and the majesty of the endless ocean.

Antoinette.Braks@StageSHIFT.coach

<https://www.linkedin.com/in/antoinettebraks/>



TESTIMONIALS – COACHES & EXECUTIVES

I will be forever grateful to Antoinette for enabling me to fully grasp the vastness, importance, and grandness of vertical development, making it easy to start infusing and transforming my own work with clients. Taking her Program might be the most uplifting decision in your life. ~ Jessica Lowenhielm

She is one of the most extraordinary human beings I have met. An inspiring person with a remarkably sharp intellect, lots of love, tons of professional experience, combined with an even more remarkable wisdom and spiritual consciousness. ~ Thomas Bjerkhede

Antoinette is one of only three Thought Leaders I know who credibly integrates business and spirituality. It's rare, profound, and much needed today. Her brilliant intellect, fearless consulting and coaching has created a great suite of offerings. ~ Emma Pearson

I feel and believe strongly that this is "the real deal" in executive leadership development. As a humble attempt, I would say that it is unrivalled in its blend of science and applied wisdom, and in the inner conscious self that evolves in embodied leadership presence. ~ Paul Smith

Antoinette has a unique style and approach. I'd emphasize her discernment and the ability to beautifully conceptualize complex ideas and get to the very core of things. I am fascinated with her methodology and her constantly inquiring mind and lightness. ~ Ekaterina Surkova

StageSHIFT offers an introspective inquiry whilst developing our intervention skills to guide leaders to pivot and be far more impactful. Antoinette's deep knowledge, practical expertise, and utter passion for her subject is awe-inspiring. ~ Corinna Kingston

Antoinette, what a blessing that the fabric of life weaved your thread into my weave. The StageSHIFT Program is the most comprehensive I've ever seen, linking relevant frameworks in organizations, human development, psychology, and life as a whole, refining our Transforming Leader Programs in large industry, for even better results. Thank you for openheartedly sharing your personal experience and soul nuances with me on our journey. ~ Niklas Lindhardt

Antoinette's profound and rare capacity to inspire developmental movement in individuals, teams, and the wider community is remarkable. She is part of a class of brilliant, humble human beings who invite you to fully meet yourself, your shadows and unfolding potential, simply by their presence and capacity to hold that space. Her unique, well-researched body of work enables leaders to integrate business and human development. ~ Jacqueline van Paassen

This is not only Coach training, it is most of all a developmental program for myself while I simultaneously learn about vertical development and how to support my clients to grow and mature. The material and webinars are full of interesting stuff guiding me to think about myself, my thinking, reactions and behaviour at the core of myself. Antoinette supports in a loving and peaceful way and challenges me to dive deeper. ~ Marianne Borg Hyokki

The StageSHIFT Program is unique in that it takes a holistic approach to transformation. Antoinette is a collaborative intuitive whose depth of knowledge in leadership development is unsurpassed. In a short period of time, she has galvanized the organization in a way that is remarkable. Did I say there was a whiff of culture change in the air? There is a gale force wind blowing and the organization and its people are the ultimate winners! ~ Anne Cosgrove ED People & Culture

I enjoy my coaching meetings with Antoinette principally because she continually challenges my normalized way of thinking. The coaching is not a linear process. It's emergent, disruptive, and even disconcerting - that's where the magic is. Antoinette considers things from a deeper dynamic perspective. Her focus on embracing our uniqueness is inspiring and amazingly effective. ~ Greg Ellis ED Transport

I found Antoinette's perspectives to be thoughtful and insightful, and her connection with mind, body, spirit revolutionized my thinking and actions. She has a unique ability to recognize, understand, and explain complex leadership issues. Attuning my inner self and harnessing my authenticity to be a more innovative and strategic leader awoke my inner warrior. ~ Gary Groves ED

Antoinette was an engaging, skilful, intelligent, challenging, and enthusiastic person to work with. She integrated many new initiatives to transform our culture creating momentum from which results soon flowed. The terrific speed of success was due to her great ability to engage with our leaders. She was a vital source of energy and inspiration in setting our course and getting us going! ~ Pat Richards CEO Businesslink

Antoinette is one of the most brilliant coaches I have ever experienced. Being both gentle and direct, intuitive and clear, she generously and courageously shares her wisdom and insights. Antoinette, it's a truly amazing experience, being guided and coached by you, in the connected space where you and I meet. ~ Karin Hamrin

Without her firm, generous, friendly, thought-provoking, heart-opening and soul-freeing guidance, I wouldn't be where I am today: totally on purpose with a big mind and open heart. Antoinette is the most aspirational, knowledgeable and loving leader I have come across. She is the go-to thought leader, guide in vertical development. ~ Sharifah Raudhah AlQudsy

The Program was indeed transformative. Through her collaborative, uplifting and deeply thought-provoking approach, Antoinette challenged me to enquire deeply and articulate concepts and ideas that were just beyond my reach. It lifted my consciousness to another level. Her work is brilliant! ~ Heather Monro

The StageSHIFT Program has been one of the most rewarding programs I have ever undertaken. Antoinette has developed a truly amazing program which takes Coaching Certification to a new level - Transformative Coaching. While my 30 years' corporate experience is rich and varied, it expanded my capacity at an accelerated pace developing a level of conscious awareness which is hugely complementary to my previous areas of study. ~ Valerie Gleeson