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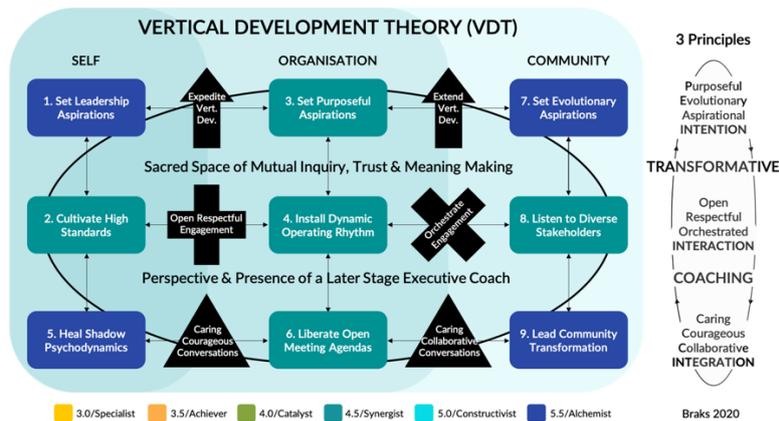
Antoinette Braks is a thought leader in Vertical Leadership Development and a Master Certified Executive Coach with >3,500 coaching hours with over 250 strategic leaders from across the private and public sectors. She has a proven track record in expediting rapid shifts to later stages enabling strategic leaders and executive coaches to realise transformative outcomes. She is renowned for enabling executives to transcend the turmoil and cut through complexity, trust emergence and navigate uncertainty, and transform their world to spark ingenuity.

Antoinette's expansive StageSHIFT coaching approach incorporates strategic systemic organisational leadership, evolution and transformation, and personal holistic leadership based on psychodynamics, reframing narrative and shadow resolution, while realising the highest aspirations in life, career and business.

Her corporate background includes C-suite leadership of People and Culture with Vector NZ during the merger integration of their gas and electricity businesses, Director of Strategic Culture Transformation at Businesslink NSW Australia and Regional Strategic HR Management with Shell International Latin America and Africa. Antoinette also led Leadership Capital Solutions for Korn Ferry Asia Pacific and consulted with Hudson Talent.

As well as a Master Executive Coach, Antoinette is a strategic facilitator, leadership consultant, coaching supervisor and conference presenter. She presents at Coaching, Leadership and Integral Conferences to share her unique insights into the non-linear spiral nature of vertical leadership development to later stages e.g. the Spectrum Stage Shift, the 2-Step Square Dance and Vertical Development Theory based on her PhD research.

Her new book, Executive Coaching in Strategic Holistic Leadership: The Drivers and Dynamics in Vertical Development, will be published by McGraw Hill in May 2020.



The Coaching Value Proposition

- Empowering strategic leaders to take radical accountability, hold courageous caring conversations and align with their values to liberate latent potential and lead strategic cultural transformation.
- Inviting strategic leaders to apply neuroscience, mindfulness and psychodynamics, and reframe narrative and resolve shadow to integrate their identity and embody their aspirational self.
- Enabling strategic leaders to lead others to articulate an aspirational purpose, evolutionary vision and inspiring values, optimise flow and psychological safety in systemic organisational dynamics.
- Encouraging strategic leaders to generate a more sustainable, healthy and equitable future by voicing universal principles and orchestrating wide stakeholder and community engagement.

Range of Recent Coaching Presentations

- 9th International Coaching, Mentoring & Supervision Conference, EMCC, Dublin 2019
- Integral European Conference 2019, IEC, Budapest Hungary
- International Conference of Coaching Psychology British Psychology Institute, London 2019
- 8th International Research Conference, EMCC, Oxford Brookes University UK 2019
- European Mentoring & Coaching Conference Ireland Conference 2020, Dublin Ireland
- Henley Business School, Coaching Psychology Unit, Research Webinar, 2020
- European Conference, Lake Balatov, Hungary 2020
- Integral European Coaching & Mentoring Conference, EMCC, Paris 2020
- Coaching Essentials 1980-2050, ICF, Olten Switzerland 2020
- EMCC Research Conference, East London, 2020

Selection of Coaching & Presentation Testimonials

Occasionally we meet folks who bring a unique perspective to strategic conversations, creating new thoughts, ideas and innovative thinking. Antoinette is one such person, drawing on a wonderful knowledge and understanding in so many aspects of life and business. ~ Richard Boggon, Regional Director Transport Infrastructure Services, Parsons Brinckerhoff

Antoinette asks the right questions that lead to very thought provoking and at times, confronting decisions, this really helped me both personally and professionally. She also provided me with tips and ideas on how to lead more strategically, so important to my leadership impact. ~ Elisa Recchi, Head of Risk Business Management HSBC

I enjoy my coaching meetings with Antoinette principally because I find myself uncomfortable. She continually challenges my normalized way of thinking. The coaching is not a linear process. It's emergent, disruptive and even disconcerting - that's where the magic is. Antoinette considers things from a deeper dynamic perspective. Her focus on embracing our uniqueness is inspiring and amazingly effective. ~ Greg Ellis, EGM Opal Transport for NSW

Antoinette, your creative and spiritual thinking has impacted so positively on my life this year. I reflect back and think about how far I have come with your assistance along the way. ... Antoinette is a sensitive, creative and highly gifted coach. Her ability to coach senior leaders through the strategic maze of government while they balance their personal development is her strength. She is an Executive Coach of the highest calibre. ~ Jane Simmons, Executive Director of Public Schools NSW Australia

I found Antoinette's perspectives to be thoughtful and insightful, and her connection with mind, body, spirit revolutionized my thinking. She helped me to deliver a consistent vision personally and professionally; drive growth and development through people; encourage risk taking and accountability, and nurture self-awareness and reflective practice. Antoinette has a unique ability to recognize, understand and explain complex leadership issues. Attuning my inner self awoke the inner warrior in me. ~ Gary Groves Reg ED Family & Community Services NSW

Antoinette is an extraordinary leadership coach who truly 'listens' from multiple levels. Her commitment to her own evolution and growth and her innate ability to access her vast inner wisdom and bring that forth into form to guide others is a beautiful and powerful gift. She holds a nourishing space from which I have been able to reflect, rewind, rehearse and evolve. ~ Nicola Vague, Manager of Org Culture, Diversity & Inclusion, City West Water VIC

- Totally awesome - by far the most exciting topic I've ever seen on an EMCC conference agenda.
- Really great session, highly relevant and useful content to help me to reflect on myself and my clients.
- Very interesting. One of the only sessions where I can say I learnt something completely new.
- Brilliant, confident, bold, generous. Impressive command of subject.
- Inspiring inputs for transformative coaching in the context of vertical leadership development.
- Excellent insight into the stages of development of leaders. Great to have your own thinking about yourself challenged (positively) so that you come away with even more work to do - on yourself!
- A brilliant opportunity to uncover insights into how leaders develop and where they need to be to create sustainable profitable organisations that work for employees, customers and wider society.
- Elegant and sophisticated in its simplicity. Antoinette presents a congruent and holistic model of vertical development that helps us make sense of how we engage with the world at each stage of development.
- A powerful model for personal growth and transformative development.